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Compassionate care tailored to meet individual needs and preserve dignity



ABOUT US

The Caring Cove prides itself on providing high-quality care and support from well-trained, compassionate staff in a warm, serene, and a relaxed environment. Our holistic person-centered approach to care delivery encourages our residents to maintain independence, retain skills, and have a fulfilled and meaningful life.

More Information :
www.thecaringcove.co.ke



TAILORED
 NUTRITION

CONTACT US

Your loved one deserves exceptional care, and we understand that care is never one-size-fits-all.

We welcome you to visit The Caring Cove, meet our team, and see our tranquil and engaging environment.

-  136 Windy Ridge, Hse A4.3, Karen
-  +254 748 583879
-  www.thecaringcove.co.ke



-  **Nursing Care**
-  **Respite Care**
-  **Dementia Care**
-  **Palliative Care**

THE TEAM



NJERI BLAGDEN
Director / Registered
Provider



ALYAA MUFID
Clinical Operations &
Management

THE RIGHT CARE
THE RIGHT PLACE

OUR CARE OPTIONS

We offer exceptional support & care, blending professional medical expertise in a homely environment.

NURSING CARE

Around-the-clock professional medical support and compassionate assistance tailored to your unique health requirements.

DEMENTIA CARE

A safe, sensory-rich environment led by specially trained staff, focused on promoting independence, dignity, and comfort.

RESPITE CARE

We offer long and short stays to support family caregivers, providing a welcoming, holiday-like experience for your loved one.

PALLIATIVE CARE

Profound comfort, pain relief, and emotional support for residents and their families during life's final chapters.

HEARTFELT
SERVICE



TIME TO ENJOY
OLDER AGE

DAY CENTRE

Our garden is designed to encourage outdoor independence and social inclusion. We Offer wide choice of activities is tailored to the needs of seniors to help stimulate nostalgic pleasant memories, encourage participation, and support social wellbeing

- Arts & Crafts
- Music Therapy
- Armchair Exercises & Flexercise
- Gardening Club
- Table-top games
- Baking & Treat making
- Book Club + Story telling
- Seasonal celebrations & Outings
- Physiotherapy
- Visiting entertainers
- One to One Chats